Muffins, Quickbreads, Pancakes HINTS & TIPS

Muffin Tips

- Muffin batters containing acidic ingredients such as blueberries or strawberries can negatively affect leavening and cause muffins to lose volume when baking.
- Up to 2 lbs of particulates can be added to muffin batters to add more flavors. Drain fruit if adding fruit packed in its own juices.
- Add toppings such as streusels, oats and nuts prior to baking to easily identify and enhance muffins.
- Muffin batters can also be used to create coffeecakes and quick breads.
- Grease both cups and pan surface when preparing 3.5 oz and larger sized muffins for easier removal.
- De-pan muffins after 10 minutes of cooling to prevent soggy bottoms.

Easy Streusel

 Streusel topping can be made by combining a 5 lb box of muffin mix and 1 lb of butter. Mix until crumbly. Spices and particulates can be added for some variety and flavor.





Quickbread Tips

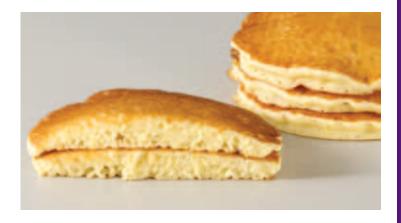
- Proper scaling of batter for quick breads and coffee cakes is essential. If not weighing, fill pans 1/2 to 2/3 full for best results. Overfilling pans will result in an unbaked center and dark surface appearance.
- Finish coffee cakes and quick breads by dipping or drizzling with our melted Ready-to-Spread Icings for enhanced flavor and eye appeal.

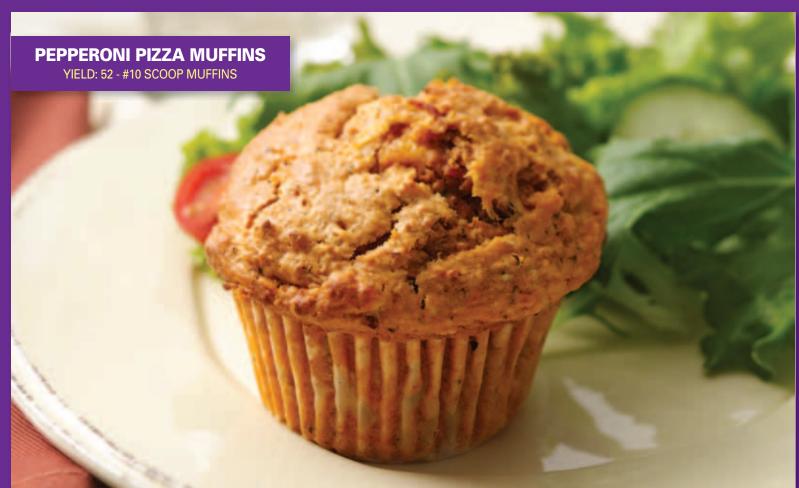
Cooked Appearance

 Pancakes are fully cooked when appear puffed and edges begin to dry.

Pancake Tips

- Keep pancake batter chilled for a fluffier pancake.
- Waffles can be made using any Gold Medal[®] Pancake Mix.
 See side panel for directions.
- A variety of pans (sheetpans, cake pans, hotel pans, etc)
 can be used to make baked pancakes using our Gold
 Medal[®] pancake mixes. Follow box directions for batter.
 Ingredients such as blueberries, sausage, apple, etc. can
 be added.





INGREDIENTS	WEI	GHT	MEASURE	DIRECTIONS
Water, cool (72°F)	2 lb		4 cups	1. POUR water and tomato sauce into mi
Tomato sauce, prepared	2 lb	2 oz	4 cups	with wire whisk or rubber spatula.
Pepperoni, diced, small		12 oz	3 cups	2. FOLD in remaining ingredients, mix un
Cheddar cheese, shredded	1 lb		4 cups	over mix.
Oregano leaves, dried			2 Tbsp	Scale
Basil leaves, dried			2 Tbsp	1. DEPOSIT using #10 scoop into paper li greased muffin tins.
GOLD MEDAL® ZT WHOLE GRAIN VARIETY MUFFIN MIX (31529)	5 lb		1 box	Bake Convection oven* 325°F 19-21
Total Weight	10 lb	14 oz		Standard oven 375°F 21-25
NUTRITION (Values are calculated using weights of	f inaredien	nts.)		*Rotate pans baked in a convection oven one-half tu of baking.

1 serving: Calories 260 (Calories from Fat 110); Total Fat 12g (Saturated Fat 6g; Trans Fat 0g); Cholesterol 35mg; Sodium 530mg; Total Carbohydrate 32g (Dietary Fiber 1g; Sugars 15g); Protein 6g

to mixing bowl and combine

nix until well blended. Do not

aper lined or generously

19-21 minutes 21-25 minutes

⁻half turn (180°) after 10 minutes





INGREDIENTS	WEIGHT	т	MEASURE	DIRECTIONS
Butter, unsalted	2	oz	1/4 cup	1. MELT butter in a medium saute pan and sweat vegetables
Onion, diced, small	14	oz	3 cups	over low to medium heat, approximately 6-8 minutes.
Celery, diced, small	14	oz	3 cups	2. REMOVE from heat.
Garlic, minced	1	oz	2 Tbsp	3. ADD seasonings and stir until well blended. Allow mixture
Sage, rubbed, dry			2 tsp	to cool.
Thyme leaves, dry			1 tsp	4. PREPARE muffin mix according to box directions.
Salt			1 tsp	5. FOLD cooled vegetable mixture into muffin batter.
Water, cool (72°F)	2 lb 4	oz	4½ cups	Scale
GOLD MEDAL® ZT CORN MUFFIN MIX	F 11.		4.5	DEPOSIT using a #12 scoop into paper-lined or generously greased muffin tin.
(11442)	5 lb		1 box	Bake
Total Weight	9 lb 3	oz		Convection oven* 350°F 17-21 minutes
NUTRITION (Values are calculated using weights on 1 serving: Calories 220 (Calories from Fat 70); Total Fat 0g); Cholesterol 40mg; Sodium 480mg; Total Can	Fat 7g (Saturate			Standard oven 400°F 20-24 minutes *Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.

Fat 0g); Cholesterol 40mg; Sodium 480mg; Total Carbohydrate 35g (Dietary Fiber 0g; Sugars 14g); Protein 3g



FIESTA CORN MUFFINS

YIELD: 42 - #10 SCOOP MUFFINS

INGREDIENTS	WE	IGHT	MEASURE
Water, cool (72°F)	2 lb	10 oz	51/4 cups
GOLD MEDAL® ZT CORN MUFFIN MIX (11442)	5 lb		1 box
Whole kernel corn, canned, drained	1 lb	2 oz	3 cups
Green bell pepper, diced, small		5 oz	1 cup
Red bell pepper, diced, small		5 oz	1 cup
Total Weight	9 lb	6 oz	

NUTRITION (Values are calculated using weights of ingredients.)

1 muffin: Calories 240 (Calories from Fat 70); Total Fat 7g (Saturated Fat 1g; Trans Fat 0g); Cholesterol 40mg; Sodium 510mg; Total Carbohydrate 41g (Dietary Fiber 0g; Sugars 16g); Protein 4g

DIRECTIONS

- 1. POUR total amount of water into a mixing bowl.
- 2. ADD muffin mix. Mix using a wire whisk or a rubber spatula until batter is smooth.
- FOLD in corn and peppers into fully mixed batter. Do not over mix.

Scale

 DEPOSIT #10 scoop into paper-lined or generously greased muffin tins.

Bake

Convection Oven* 375°F 15-17 minutes Standard Oven 425°F 17-20 minutes

*Rotate muffins baked in a convection oven one-half turn (180°) after 7 minutes of baking.



INGREDIENTS	WEIGHT	MEASURE
Water, cool (72°F) GOLD MEDAL® ZT VARIETY MUFFIN	2 lb 12 o	z 5½ cups
MIX (11544)	5 lb	1 box
Lemon extract	1 o	z 2 Tbsp
Lemon zest		1 Tbsp
Poppy seeds	3 o	z ½ cup
Lemon pie filling, canned	2 lb	31/4 cups
Total Weight	10 lb	

1 slice: Calories 190 (Calories from Fat 50); Total Fat 6g (Saturated Fat 2.5g; Trans Fat 0g); Cholesterol 10mg; Sodium 270mg; Total Carbohydrate 31g (Dietary Fiber 0g; Sugars 17g); Protein 2g

COMBINE total amount of water, extract, zest and poppy seeds in mixing bowl.

DIRECTIONS

ADD muffin mix and mix with a wire whisk or rubber spatula until smooth. Do not overmix.

Scale

- POUR total amount of batter into a greased, full sheet pan and spread evenly.
- FILL a pastry bag with lemon filling and pipe rows one inch apart (lengthwise) onto the muffin batter.
- 3. **DRAG** a knife lightly through filling and batter (vertically), alternating back and forth, to form a decorative pattern.

Bake

Convection Oven* 325°F 21-24 minutes Standard Oven 375°F 27-31 minutes

^{*}Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.



WHOLE GRAIN CARROT PINEAPPLE MUFFINS

YIELD: 76 - #16 SCOOP MUFFINS

INGREDIENTS	WEIGHT	MEASURE	DIRECTIONS			
Water, cool (72°F)	2 lb	4 cups	COMBINE applesauce and water in a mixing bowl.			
Applesauce GOLD MEDAL® ZT WHOLE GRAIN	1 lb	2 cups	ADD total amount of muffin mix and spices. Mix until well blended. Do not over mix.			
VARIETY MUFFIN MIX (31529)	5 lb	1 box	3. FOLD pineapple and carrots into batter.			
Cinnamon, ground		2 Tbsp	Scale			
Ginger, ground		1 Tbsp	1. DEPOSIT using a #16 scoop into greased or paper lined muffin			
Pineapple, crushed, canned	1 lb	2 cups	pans.			
Carrots, grated	1 lb 8 o	4 cups	Bake			
Total Weight	10 lb 8 o	2	Convection oven* 350°F 15-17 minutes Standard oven 400°F 17-20 minutes			
NUTRITION (Values are calculated using weights of ingredients.) 1 serving: Calories 130 (Calories from Fat 35); Total Fat 4g (Saturated Fat 2g; Trans Fat 0g); Cholesterol 10mg; Sodium 180mg; Total Carbohydrate 23g (Dietary Fiber 1g; Sugars 11g); Protein 1g			*Rotate pans baked in a convection oven one-half turn (180°) after 7 minutes of baking.			



BANANAS FOSTER MUFFINS

WEIG	SHT	MEASURE	DIRECTIONS
			Bananas Foster
	4 oz	½ cups	1. COMBINE butter, brown sugar, and cinnamon in a large saute
	14 oz	2 cups	pan. Cook on medium heat, stirring until sugar dissolves.
		1 tsp	2. STIR in bananas. Cook until bananas are soft, approximately 5 minutes. Remove from heat.
3 lb		6 cups	3. ADD rum. Allow mixture to cool.
	4 oz	½ cup	Muffin Batter
4 lb	6 oz		POUR water into a mixing bowl and add muffin mix.
			2. MIX using a wire whip or rubber spatula until batter is smooth.
2 lb	6 oz	4¾ cup	3. FOLD bananas foster mixture into fully mixed batter. DO NOT OVERMIX.
5 lb		1 box	Scale 1. DEPOSIT using #10 scoop of batter into paper-lined or
7 lb	6 oz		generously-greased muffin cups.
			2. SPRINKLE muffins evenly with brown sugar. Bake
	7 oz	1 cup	Convection Oven* 350°F 22-25 minutes
	7 oz		Standard Oven 400°F 25-28 minutes *Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.
	3 lb 4 lb 2 lb 5 lb	14 oz 3 lb 4 oz 4 lb 6 oz 2 lb 6 oz 5 lb 7 lb 6 oz	4 oz ½ cups 14 oz 2 cups 1 tsp 3 lb 6 cups 4 oz ½ cup 4 lb 6 oz 2 lb 6 oz 4¾ cup 5 lb 1 box 7 lb 6 oz 1 cup

1 muffin: Calories 310 (Calories from Fat 80); Total Fat 9g (Saturated Fat 4g; Trans Fat 0g); Cholesterol 15mg; Sodium 290mg; Total Carbohydrate 55g (Dietary Fiber 0g; Sugars 34g); Protein 2g



INGREDIENTS	WEIG	GHT	MEASURE	DIRECTIONS
Muffin batter Water, cool (72°F) Almond extract Cherry pie filling, canned GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544) Chocolate Chips	2 lb 2 lb 5 lb 1 lb	6 oz	4¾ cups 2 tsp 3 cups 1 box 2½ cups	1. POUR water and extract into mixing bowl. Stir until well blended. 2. ADD mix. Mix using a wire whip or rubber spatula until batter is smooth. 3. FOLD cherry pie filling and chocolate chips into fully mixed batter. DO NOT OVERMIX. Scale
Total Muffin Batter Weight	10 lb	6 oz		DEPOSIT #10 scoop of batter into paper-lined or generously- greased muffin cups. Bake
Icing GOLD MEDAL® ZT READY-TO-SPREAD CHOCOLATE FUDGE ICING (11215)		10 oz	1 cup	Convection Oven* 350°F 19-21 minutes Standard Oven 400°F 22-24 minutes *Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.
Total Icing Weight		10 oz		Finishing
NUTRITION (Values are calculated using weights of ingredients.) 1 - #10 scoop muffin: Calories 360 (Calories from Fat 100); Total Fat 11g (Saturated Fat 5g; Trans Fat 1g); Cholesterol 20mg; Sodium 340mg; Total Carbohydrate 60g (Dietary Fiber 1g; Sugars 40g); Protein 3g		HEAT chocolate icing in microwave until melted. DRIZZLE over cooled muffins.		



CARAMEL APPLE VARIETY MUFFINS

INGREDIENTS	WEI	WEIGHT MEASU		
Muffins				Muffins
Water, cool (72°F)	2 lb	6 oz	4¾ cups	1. POUR water and apple s
Applesauce		8 oz	1 cup	2. ADD mix. Mix using a w
GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544)	5 lb		1 box	is smooth. 3. ADD apples. Mix until w
Apples, fresh, peeled, chopped	1 lb	8 oz	4½ cups	4. FOLD caramel topping i
Caramel sauce, prepared	1 lb	2 oz	1½ cups	DO NOT OVERMIX.
Total Muffins Weight	10 lb	8 oz		Scale 1. DEPOSIT using a #10 so
Finishing				generously-greased mu
Caramel sauce, prepared		12 oz	1 cup	Bake Convection Oven* 3
Total Finishing Weight		12 oz		Standard Oven 4 *Rotate pans baked in a convection
NUTRITION (Values are calculated using weights	of ingredier	nte l		of baking.

NUTRITION (Values are calculated using weights of ingredients.)

1 - #10 scoop muffin: Calories 260 (Calories from Fat 50); Total Fat 6g (Saturated Fat 2.5g; Trans Fat 0g); Cholesterol 20mg; Sodium 350mg; Total Carbohydrate 50g (Dietary Fiber 0g; Sugars 30g); Protein 2g

- sauce into a mixing bowl.
- wire whip or rubber spatula until batter

DIRECTIONS

- well blended.
- into fully mixed batter.

scoop of batter into paper-lined or uffin cups.

Convection Oven*	350°F	15-19 minutes
Standard Oven	400°F	18-22 minutes

tion oven one-half turn (180°) after 7 minutes

Finishing

- 1. ALLOW muffins to cool.
- 2. **DRIZZLE** caramel sauce evenly over the top of each muffin.



INGREDIENTS	WEI	GHT	MEASURE
Water, cool (72°F)	2 lb	12 oz	5½ cups
GOLD MEDAL® ZT CORN MUFFIN MIX (11442)	5 lb		1 box
Peaches, canned, drained, chopped	1 lb	8 oz	3 cups
Cinnamon, ground		1 oz	1⁄4 cup
Total Weight	9 lb	5 oz	

1 - #10 scoop muffin: Calories 230 (Calories from Fat 70); Total Fat 8g (Saturated Fat 2g; Trans Fat 2g); Cholesterol 35mg; Sodium 440mg; Total Carbohydrate 37g (Dietary Fiber 1g; Sugars 16g); Protein 3g

- 1. POUR water into mixing bowl.
- ADD mix. Mix using a wire whip or rubber spatula until batter is smooth.

DIRECTIONS

FOLD peaches and cinnamon into fully mixed batter. DO NOT OVERMIX.

Scale

 DEPOSIT batter, using #10 scoop, into greased or lined standard muffin pans.

Bake

Convection Oven* 375°F 14-19 minutes Standard Oven 425°F 19-24 minutes

*Rotate pans baked in a convection oven one-half turn (180°) after 7 minutes of baking.



INGREDIENTS	WEIG	GHT	MEASURE
Coffee, brewed, cool	2 lb	6 oz	4¾ cups
GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544)	5 lb		1 box
Cocoa		1 oz	⅓ cup
Chocolate chips, semisweet	1 lb	2 oz	3 cups
Total Weight	8 lb	9 oz	

1 muffin: Calories 290 (Calories from Fat 90); Total Fat 10g (Saturated Fat 5g; Trans Fat 0g); Cholesterol 20mg; Sodium 320mg; Total Carbohydrate 48g (Dietary Fiber 0g; Sugars 28g); Protein 3g

2. ADD mix and cocoa. Mix using a wire whip or rubber spatula until batter is smooth.

DIRECTIONS

3. FOLD chips into fully mixed batter. DO NOT OVERMIX.

Scale

 DEPOSIT using a #10 scoop of batter into paper-lined or generously-greased muffin cups.

Bake

Convection Oven* 350°F 19-21 minutes Standard Oven 400°F 22-24 minutes

^{*}Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.



INGREDIENTS	WEIG	GHT	MEASURE
Water, cool (72°F)	1 lb	8 oz	3 cups
Sour cream	1 lb		2 cups
GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544)	5 lb		1 box
Raspberries, IQF	1 lb		4 cups
Total Weight	8 lb	8 oz	

1 - #10 scoop muffin: Calories 270 (Calories from Fat 80); Total Fat 9g (Saturated Fat 4.5g; Trans Fat 0g); Cholesterol 30mg; Sodium 340mg; Total Carbohydrate 45g (Dietary Fiber 0g; Sugars 25g); Protein 3g

1. COMBINE water and sour cream into mixing bowl. Stir with a
wire whip until well blended.

DIRECTIONS

- 2. ADD mix. Mix using a wire whip or rubber spatula until batter is smooth
- 3. FOLD in raspberries into fully mixed batter. DO NOT OVERMIX.

Scale

 DEPOSIT using a #10 scoop of batter into paper-lined or generously-greased muffin cups.

Bake

Convection Oven* 350°F 18-20 minutes Standard Oven 400°F 22-24 minutes

*Rotate pans baked in a convection oven one-half turn (180°) after 10 minutes of baking.



SOUR CREAM, ONION AND CHIVES CORN MUFFINS

YIELD: 38 - #10 SCOOP MUFFINS

INGREDIENTS	WEI	GHT	MEASURE
Water, cool (72°F)	2 lb	10 oz	5¼ cups
Sour cream		12 oz	1½ cups
GOLD MEDAL® ZT CORN MUFFIN MIX (11442)	5 lb		1 box
Chives, dried		.5 oz	1½ cups
Onion, dried		6 oz	1½ cups
Total Weight	8 lb	12.5 oz	

NUTRITION (Values are calculated using weights of ingredients.)

1 muffin: Calories 240 (Calories from Fat 70); Total Fat 8g (Saturated Fat 2g; Trans Fat 0g); Cholesterol 45mg; Sodium 460mg; Total Carbohydrate 38g (Dietary Fiber 0g; Sugars 15g); Protein 3g

COMBINE water and sour cream into a mixing bowl. Stir with a wire whip until well blended.

DIRECTIONS

- ADD mix. Mix using a wire whip or rubber spatula until batter is smooth.
- FOLD in onion and chives into fully mixed batter. DO NOT OVERMIX.

Scale

 DEPOSIT using a #10 scoop of batter into paper-lined or generously-greased muffin cups.

Bake

Convection Oven* 375°F 16-20 minutes Standard Oven 425°F 18-22 minutes

^{*}Rotate pans baked in a convection oven one-half turn (180°) after 7 minutes of baking.



BANANA CHOCOLATE CHIP QUICK BREAD

YIELD: 5 - 9 X 4-1/2 X 2-3/4 LOAF PANS, 8 SLICES PER LOAF

INGREDIENTS	WEIGHT	MEASURE	DIRECTIONS
Quick Bread Batter Bananas, ripe, mashed Water, cool (72°F) GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544) Chocolate chips, semisweet	2 lb 1 lb 8 oz 5 lb 12 oz	3 cups 3 cups 1 box 2 cups	1. COMBINE water and mashed bananas into mixing bowl. Stir with wire whip until well blended. 2. ADD muffin mix. Mix using a wire whip or rubber spatula until batter is smooth. 3. FOLD chocolate chips into fully mixed batter. Scale 1. DEPOSIT 1 lb 13 oz (3 cups) into 5 greased loaf pans.
Total Quick Bread Batter Weight	9 lb 4 oz		2. SPRINKLE chocolate chips evenly over the top of the batter in
Topping Chocolate chips, semisweet	12 oz	2 cups	each pan before baking. Bake Convection Oven* 325°F 40-45 minutes
Total Topping Weight	12 oz		Standard Oven 375°F 45-50 minutes *Rotate pans baked in a convection oven one-half turn (180°) after 15 minutes
NUTRITION (Values are calculated using weights 1 slice: Calories 370 (Calories from Fat 120); Total Fat 0g); Cholesterol 15mg; Sodium 340mg; Total Ca Sugars 34g); Protein 3g	Fat 13g (Saturated Fat	of baking.	



CHERRY COBBLER QUICK BREAD



INGREDIENTS	WEI	GHT	MEASURE	DIRECTIONS
Oatmeal Streusel Topping				Oatmeal Streusel
GENERAL MILLS® QUICK OATS (11897)		3 oz	1 cup	COMBINE oatmeal, flour, brown sugar, cinnamon, and cold butter in a small mixing bowl with paddle attachment.
Flour, all purpose		4 oz	1 cup	2. MIX on low speed 1-2 minutes, until crumbly.
Brown sugar, packed		7 oz	1 cup	3. RESERVE 1-1/2 cups for topping.
Cinnamon, ground			1 Tbsp	4. SET remaining streusel aside for batter.
Butter, unsalted, cold		4 oz	½ cup	Quick Bread Batter
Total Oatmeal Streusel Topping Weight	1 lb	2 oz		COMBINE water and sour cream into mixing bowl. Stir with wire whip until well blended.
Quick Bread Batter				2. ADD muffin mix. Mix using a wire whip or rubber spatula until
Water, cool (72°F)	2 lb	6 oz	4¾ cups	batter is smooth.
Sour cream		8 oz	1 cup	3. FOLD in remaining streusel topping and cherry pie filling until just incorporated.
GOLD MEDAL® ZT VARIETY MUFFIN MIX (11544)	5 lb		1 box	Scale
Cherry pie filling, canned	1 lb	8 oz	2½ cups	DEPOSIT 1 lb 9 oz (approximately 3 cups) of batter into 6 greased loaf pans.
Total Quick Bread Batter Weight	9 lb	6 oz		2. SPRINKLE approximately 1/4 cup of the reserved streusel over the top of the batter in each pan before baking.
NUTRITION (Values are calculated using weights of	NUTRITION (Values are calculated using weights of ingredients.)			Bake
1 slice: Calories 270 (Calories from Fat 80); Total Fat 9g (Saturated Fat 4.5g; Trans Fat 0g); Cholesterol 30mg; Sodium 320mg; Total Carbohydrate 46g (Dietary Fiber 0g; Sugars 26g); Protein 3g				Convection Oven* 325°F 40-45 minutes Standard Oven 375°F 45-50 minutes *Rotate pans baked in a convection oven one-half turn (180°) after 15 minutes

of baking.



TIRAMISU QUICK BREAD

INGREDIENTS	WEI	GHT	MEASURE						
Chocolate Cream Cheese Filling				Chocolate C					
Cream cheese, softened	1 lb		2 cups	1. MELT choo					
Sugar, granulated		4 oz	½ cup	2. MIX cream					
Vanilla extract			2 tsp	with paddl					
Eggs, large, whole		4 oz	2 each	3. SCRAPE b					
Chocolate chips, semisweet		8 oz	11/4 cup	4. MIX 2 min					
Total Chocolate Cream Cheese Filling Weight	2 lb			Quick Bread 1. POUR tota					
Quick Bread Batter				2. ADD muffi					
Coffee, brewed, cool	2 lb	6 oz	43/4 cups	3. MIX using					
GOLD MEDAL® ZT VARIETY MUFFIN				Scale					
MIX (11544)	5 lb		1 box	1. DEPOSIT a					
Total Quick Bread Batter Weight	7 lb	6 oz		6 well grea 2. LAYER 2 o					
NUITRITION (Values are calculated using weights	each loaf p								

NUTRITION (Values are calculated using weights of ingredients.)

Cream Cheese Filling

- colate chips in microwave.
- m cheese, sugar, vanilla, eggs in a small mixer bowl lle attachment 4 minutes on medium speed.

DIRECTIONS

- bowl and paddle. Add chocolate.
- nutes on medium speed and set aside.

d Batter

- al amount of coffee into mixing bowl.
- fin mix.
- g a wire whip or spatula until batter is smooth
- approximately 10 oz (1 cup) of quick bread batter into ased loaf pans.
- oz (1/3 cup) of cream cheese filling down the center of pan.
- 3. REPEAT layering with 10 oz of quick bread batter and 2 oz of chocolate cream cheese filling.
- 4. **TOP** with approximately 2 oz of chocolate cream cheese filling.

Bake

Convection Oven* 325°F 40-45 minutes Standard Oven 375°F 45-50 minutes

¹ slice: Calories 270 (Calories from Fat 90); Total Fat 11g (Saturated Fat 6g; Trans Fat 0g); Cholesterol 40mg; Sodium 310mg; Total Carbohydrate 41g (Dietary Fiber 0g; Sugars 24g); Protein 3g

^{*}Rotate pans baked in a convection oven one-half turn (180°) after 15 minutes of baking.



APPLE SAUSAGE CORN BAKED PANCAKES



YIELD: 9 - 8-INCH ROUND CAKE PANS, 8 SERVINGS PER CAKE

INGREDIENTS	WEI	GHT	MEASURE	DIRECTIONS					
Breakfast sausage, precooked, diced Apples, canned in water, drained,	1 lb	2 oz	4 cups	COMBINE eggs and water into mixing bowl and beat with wire whip.					
diced	2 lb	10 oz	6 cups	2. ADD muffin mix. Mix using a wire whip until batter is blended					
Red onion, fresh, diced		9 oz	2 cups	and smooth.					
Eggs, large, whole		7 oz	4 each	3. FOLD remaining ingredients into batter using a rubber spatula. DO NOT OVERMIX.					
Water, cool (72°F)	2 lb	8 oz	5 cups	Scale					
GOLD MEDAL® ZT CORN MUFFIN MIX (11442)	5 lb		1 box	DEPOSIT 1 lb 4 oz (approximately 2-1/2 cups) of batter into 9 greased 8 inch round cake pans.					
Sage, ground			2 Tbsp	Bake					
Total Weight	12 lb	4 oz		Convection Oven* 350°F 14-18 minutes Standard Oven 400°F 16-20 minutes					
NUTRITION (Values are calculated using weights 1 pancake: Calories 180 (Calories from Fat 60): To			*Rotate pans baked in a convection oven one-half turn (180°) after 5 minutes of baking.						

¹ pancake: Calories 180 (Calories from Fat 60); Iotal Fat 7g (Saturated Fat 1.5g; Irans Fat 0g); Cholesterol 40mg; Sodium 340mg; Total Carbohydrate 26g (Dietary Fiber 0g; Sugars 12g); Protein 3g



BLUEBERRY PANCAKE SQUARES

YIELD: 128 - 2 X 3-INCH SERVINGS

INGREDIENTS	WEIG	SHT	MEASURE	
Water, cool (72°F)	5 lb	8 oz	11 cups	
GOLD MEDAL® ZT COMPLETE BUTTERMILK PANCAKE MIX (11827)	5 lb		1 box	:
Blueberries, IQF	3 lb		9 cups	
Total Weight	13 lb	8 oz		

NUTRITION (Values are calculated using weights of ingredients.)

1 serving: Calories 70 (Calories from Fat 15); Total Fat 1.5g (Saturated Fat 0g; Trans Fat 0g); Cholesterol 5mg; Sodium 180mg; Total Carbohydrate 13g (Dietary Fiber 0g; Sugars 3g); Protein 1g

1. PREPARE mix according to box directions.

Scale

1. **DIVIDE** batter evenly between 2 greased or parchment-lined full sheet pans. Spread evenly.

DIRECTIONS

2. **SPRINKLE** blueberries evenly over the batter in each pan.

Bake

Convection Oven* 350°F 15-20 minutes Standard Oven 400°F 20-25 minutes

*Rotate pans baked in a convection oven one-half turn (180°) after 5 minutes of baking.



BUTTERMILK LEMON PANCAKES WITH BLUEBERRY COMPOTÉ

YIELD: 82 - 4-INCH PANCAKES

INGREDIENTS	WEI	GHT	MEASURE	DIRECTIONS
Blueberry Compote				Blueberry Compote
Blueberries, IQF	3 lb		9¾ cups	1. COMBINE blueberries and corn syrup in a med
Corn Syrup	1 lb	8 oz	2 cups	2. SIMMER for 10-14 minutes until mixture starts
Total Blueberry Compote Weight	4 lb	8 oz		3. REMOVE from heat. Keep warm
- Total Blueberry Compote Weight	4 10	0 02		Pancake Batter
Pancake Batter Water, cool (72°F)	5 lb	8 oz	11 cups	COMBINE water, zest and extract in a mixing b together with wire whip until well blended.
GOLD MEDAL® ZT COMPLETE BUTTERMILK PANCAKE MIX				2. ADD pancake mix. Mix using a wire whip or ru until batter is blended and smooth.
(11827)	5 lb		1 box	3. DEPOSIT 2 oz of batter onto a lightly greased 3
Lemon zest		3 oz	³¼ cup	4. GRILL for 1-1/2 minutes on each side, or until p
Lemon extract		1 oz	2 Tbsp	begin to dry. Turn only once.
Total Pancake Batter Weight	10 lb	12 oz		Finishing 1. TOP each pancake with approximately 1 Tbsp
NUTRITION (Values are calculated using weights	compote and serve.			

- edium sauce pan.
- s to thicken.
- bowl. Stir
- rubber spatula
- 375°F griddle.
- puffed and edges

of blueberry

^{1 - 2} oz pancake: Calories 140 (Calories from Fat 20); Total Fat 2.5g (Saturated Fat 0.5g; Trans Fat 0g); Cholesterol 10mg; Sodium 290mg; Total Carbohydrate 27g (Dietary Fiber 1g; Sugars 8g); Protein 2g



MOCHA CAPPUCCINO PANCAKES SERVED WITH CINNAMON WHIPPED CREAM YIELD: 82 - 4-INCH PANCAKES

INGREDIENTS	WEIG	GHT	MEASURE	DIRECTIONS
Cinnamon Whipped Cream		_	_	Cinnamon Whipped Cream
Whipping cream, heavy	2 lb	8 oz	5 cups	1. COMBINE cream, sugar and cinnamon in a mixer bowl.
Sugar, granulated		8 oz	1 cup	2. WHIP with a whip attachment on medium speed approximately 4-6 minutes. DO NOT OVER WHIP.
Cinnamon, ground			1 Tbsp	
Total Cinnamon Whipped Cream Weight	3 lb			3. REFRIGERATE until needed.
- Total Cililation Whipped Cream Weight	3 10			Pancake Batter
Pancake Batter				1. COMBINE coffee and mix in a mixing bowl.
Coffee, brewed, cool	5 lb	8 oz	11 cups	2. MIX using a wire whip until batter is blended and smooth.
GOLD MEDAL® ZT COMPLETE				3. DEPOSIT 2 oz of batter onto a lightly greased 375°F griddle.
BUTTERMILK PANCAKE MIX				4. GRILL for 1-1/2 minutes on each side or until puffed and edges
(11827)	5 lb		1 box	begin to dry. Turn only once.
Total Panaska Patter Weight	10 lb	8 oz		Finishing
Total Pancake Batter Weight	10 10	0 02		1. TOP each pancake with approximately 1 Tbsp of cinnamon
Finishing				whipped cream and 1 Tbsp of chocolate shavings.
Chocolate shavings, semi-sweet	3 lb	6 oz	8 cups	
Total Finishing Weight	3 lb	6 oz		
NUTRITION (Values are calculated using weights	of ingredien	nts.)		

1 - 2 oz pancake: Calories 250 (Calories from Fat 110); Total Fat 12g (Saturated Fat 7g; Trans Fat 0g); Cholesterol 25mg; Sodium 290mg; Total Carbohydrate 33g (Dietary Fiber 1g; Sugars 16g); Protein 3g



OATMEAL RAISIN PANCAKES WITH CINNAMON SOUR CREAM

YIELD: 140 - 4-INCH PANCAKES

INGREDIENTS	WEI	GHT	MEASURE	DIRECTIONS
Cinnamon Sour Cream Topping				Cinnamon Sour Cream Topping
Sour Cream	2 lb		4 cups	1. COMBINE sour cream, sugar and cinnamon into a mixing bowl.
Sugar, granulated		6 oz	¾ cup	2. MIX using a wire whip until blended and smooth.
Cinnamon, ground			2 Tbsp	3. REFRIGERATE until needed.
Total Cinnamon Sour Cream Topping Weight	2 lb	6 oz		Pancake Batter
Total Cilliamon Soul Cream Topping Weight	2 10	0 02		1. COMBINE water, brown sugar, and raisins in a mixing bowl.
Pancake Batter				2. ADD mix.
Water, cool (72°F)	5 lb	8 oz	11 cups	3. MIX using a wire whip until batter is blended and smooth.
Brown sugar, unpacked	2 lb		4½ cups	4. FOLD oats into batter.
Raisins	2 lb		6 cups	5. DEPOSIT 2 oz of batter onto a lightly greased 375°F griddle.
GOLD MEDAL® ZT COMPLETE BUTTERMILK PANCAKE MIX				6. SPREAD the batter into a 4 inch pancake by gently tapping it with the back of the ladle.
(11827)	5 lb		1 box	7. GRILL for 2 minutes on each side or until puffed and edges
GENERAL MILLS® QUICK OATS (11897)	1 lb	2 oz	6 cups	begin to dry. Turn only once.
Total Pancake Batter Weight	15 lb	10 oz		Finishing
NUTRITION (Values are calculated using weights of ingredients.)			1. TOP each pancake with approximately 1 Tbsp of cinnamon sour cream.	

^{1 - 2} oz pancake: Calories 140 (Calories from Fat 25); Total Fat 2.5g (Saturated Fat 1g; Trans Fat 0g); Cholesterol 5mg; Sodium 190mg; Total Carbohydrate 26g (Dietary Fiber 1g; Sugars 13g); Protein 2g