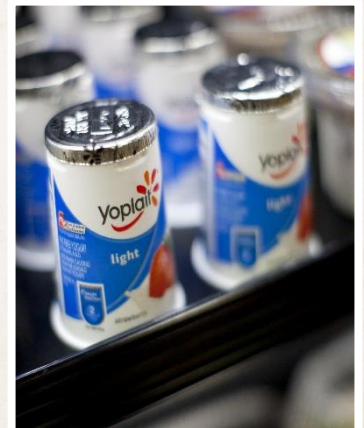




Dysphagia Product Guide

Make food a highlight of their day with brands they love in the texture they need



What is dysphagia?

Dysphagia is the medical term for swallowing difficulties. It impacts millions of people & can turn the everyday pleasure of eating into an embarrassing, even scary, experience.



Kids: Estimated 25-45% of children have a form of pediatric dysphagia¹



Adults: Affects 1 in 6 adults, more among cancer & stroke patients²



Elderly: 40-60% of nursing home residents have a form of dysphagia³

How do we help?

Our yogurt products deliver *good nutrition*, in the right *consistency*, with the *brands* your consumers know and love. See our dysphagia levels on the next page to get started.

PROUD SILVER SPONSOR OF
IDDSI

General Mills is proud to be a sponsor of the International Dysphagia Diet Standardization Initiative (IDDSI)⁴, We're committed to supporting those with Dysphagia and are proud to be leading the way.



Dysphagia Levels for Healthcare Menus

Our IDDSI product designations make it easy for your operation to find the right products for your patient and resident needs, so they can enjoy the #1 foodservice yogurt brand¹ and feel a little more at home.



- Normal, everyday foods
- Can be any texture & pieces can be any size

- Everyday food of soft/tender textures
- Doesn't include anything hard, tough or chewy

- Soft but no separate liquid
- Chewing required
- Max size per piece: 8mm (pediatric), 15mm (adult)

- Can be scooped & shaped
- Max size per piece: 8mm (pediatric), 15mm (adult)

- Doesn't require chewing, but can't be drunk from a cup or sucked thru a straw
- Falls off spoon when tilted.

Product	Code	Case	Regular	Easy to Chew	Soft & Bite-Sized	Minced & Moist	Puree
YOPLAIT® ORIGINAL, 4OZ							
Raspberry, Peach	17728000	48/4oz					X
Strawberry, Strawberry Banana	17729000	48/4oz					X
YOPLAIT® LIGHT, 4OZ							
Blueberry Patch, Very Vanilla	48362000	48/4oz					X
Strawberry, Strawberry Banana	19735000	48/4oz					X
YOPLAIT® ORIGINAL, 6OZ							
Mountain Blueberry	302000	12/6oz	X				
Cherry Orchard	303000	12/6oz	X				
French Vanilla	323000	12/6oz					X
Harvest Peach	307000	12/6oz	X				
Lemon Burst	306000	12/6oz					X
Mixed Berry	310000	12/6oz	X				
Red Raspberry	301000	12/6oz	X				
Strawberry	300000	12/6oz	X				
Strawberry Banana	313000	12/6oz	X				
Variety Pack (Mixed Berry, Blueberry, Strawberry)	14414000	18/6oz	X				
YOPLAIT® LIGHT (FAT FREE), 6OZ							
Blueberry Patch	652000	12/6oz	X				
Very Cherry	653000	12/6oz	X				
Harvest Peach	655000	12/6oz	X				
Key Lime Pie	665000	12/6oz					X
Red Raspberry	651000	12/6oz	X				
Strawberries 'N Bananas	654000	12/6oz	X				
Strawberry	650000	12/6oz	X				
Very Vanilla	643000	12/6oz					X
YOPLAIT® WHIPS!®, 4OZ							
Chocolate Mousse	28447000	12/4oz					X
Key Lime Pie	128000	12/4oz					X
Orange Cream	129000	12/4oz					X
Raspberry Mousse	127000	12/4oz					X
Strawberry Mist	109000	12/4oz					X

Handling and processing variability may occur; we recommend using your discretion to ensure servings meet IDDSI standards as needed by each patient.



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1-800-243-5687

¹ The NPD Group/SupplyTrack®, Yogurt in total foodservice channel, 12 months ending August 2019, in \$ & pounds

² <http://iddsi.org/framework>

³ Roche Dietitians, IDDSI Testing, August 2021



Dysphagia Levels for Healthcare Menus

Product	Code	Case	Regular	Easy to Chew	Soft & Bite-Sized	Minced & Moist	Puree
Oui™ by Yoplait®, French Style Yogurt, 5oz							
French Vanilla	49646000	8/5oz		X			
Strawberry	49647000	8/5oz	X				
Yoplait® Greek, 5.3oz							
Blueberry	49159000	24/3.5oz	X				
Blueberry	45916000	12/5.3oz	X				
Strawberry Raspberry*	45915000	12/5.3oz			X		
Vanilla	45913000	12/5.3oz			X		
Yoplait® Greek 100, 5.3oz							
Black Cherry	43579000	12/5.3oz	X				
Blueberry	45578000	12/5.3oz	X				
Mixed Berry	43331000	12/5.3oz	X				
Peach	43333000	12/5.3oz	X				
Strawberry	43332000	12/5.3oz	X				
Strawberry Banana	48605000	12/5.3oz	X				
Vanilla	43329000	12/5.3oz		X			
Vanilla Cupcake	44616000	12/4oz					X
Yoplait® Smooth							
Strawberry	15677000	48/4oz					X
Vanilla	15676000	48/4oz					X
Horchata	15675000	48/4oz					X
YOPLAIT® TRIX®, 4OZ							
Raspberry Rainbow	17725000	48/4oz					X
Strawberry Banana Bash	17726000	48/4oz					X
Triple Cherry	31077000	48/4oz					X
SIMPLY...GO-GURT®, 2OZ TUBE							
Strawberry	49295000	96/2oz					X
Yoplait® Bulk Yogurt - ParfaitPro®							
Lowfat Strawberry	16123000	6/64oz					X
Lowfat Vanilla	16632000	6/64oz					X
Lowfat Blueberry	16067000	6/64oz					X
Greek Vanilla	41167000	3/64oz					X
Dairy-Free Vanilla Yogurt Alternative	16659000	4/48oz					X
Yoplait® Bulk Yogurt - Bulk, 32oz							
Lowfat Strawberry	430000	6/32oz					X
Lowfat Vanilla	439000	6/32oz					X
Nonfat Plain	438000	6/32oz					X
Greek Nonfat Plain*	38414000	6/32oz					X
Greek Vanilla*	49051000	6/32oz					X

*Stir before serving

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Learn more about our yogurt portfolio at generalmills.com, and learn about the IDDSI framework at iddsi.org.

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