

 *K-12 REGULATION READY*

K-12 PRODUCT SOLUTIONS

*THAT HELP YOU MEET USDA WEEKLY
SODIUM LIMITS!*



General Mills Foodservice offers a variety of K-12 products to ensure you are regulation-ready!

ALL ITEMS LISTED ARE BELOW 485 MG[†] OF SODIUM PER SERVING.

Some products when paired with other required meal components may exceed 485mg at breakfast; however, can be balanced across the week to meet the weekly average. See sample menu for an example.

UPC	PRODUCT DESCRIPTION	DISTRIBUTOR CODE	MEAL PATTERN EQUIVALENCY	SODIUM (MG)
BISCUIT				
100-94562-32391-9	Pillsbury™ Frozen Baked Biscuits Reduced Sodium ⁹ Buttermilk 2.25 oz		2.25 Grain	410
100-94562-06331-0	Pillsbury™ Frozen Biscuit Dough Garlic & Cheddar 1.2 oz		1 Grain	380
100-94562-32267-7	Pillsbury™ Whole Grain-Rich Biscuit Dough 2.51 oz		2.25 Grain	290
100-94562-32268-4	Pillsbury™ Whole Grain-Rich Biscuit Dough Easy Split™ 2.51 oz		2.25 Grain	290
100-94562-10752-6	Pillsbury™ Frozen Biscuit Dough Easy Split™ Southern Style 2.51 oz		2.25 Grain	320
100-94562-32271-4	Pillsbury™ Whole Grain-Rich Baked Biscuit Easy Split™ 2.0 oz		2 Grain	310
100-94562-32272-1	Pillsbury™ Whole Grain-Rich Baked Biscuit Mini 1.0 oz		1 Grain	150
INDIVIDUALLY WRAPPED				
100-18000-13924-5	Pillsbury™ Breakfast Scrambler Egg & Cheese		2 Grain & 1M / MA	350
100-18000-13925-2	Pillsbury™ Breakfast Scrambler Egg, Cheese & Turkey Sausage		2 Grain & 1M / MA	390
100-18000-13561-2	Cinnamon Toast Crunch™ Muffin		2 Grain	260
100-18000-13562-9	Trix™ Muffin		2 Grain	260
100-18000-38399-0	Pillsbury™ Mini Bagels Cinnamon Creamy Cheese		2 Grain	180
100-18000-38413-3	Pillsbury™ Mini Bagels Strawberry Creamy Cheese		2 Grain	190
100-18000-32264-7	Pillsbury™ Blueberry Bash™ Mini Waffles		2 Grain	170
100-18000-32265-4	Pillsbury™ Maple Madness™ Mini Waffles		2 Grain	170
100-18000-37309-0	Pillsbury™ Cinnamon Toast Crunch™ Mini French Toast		2 Grain	200
100-18000-37308-3	Pillsbury™ Trix™ Mini French Toast		2 Grain	190
100-18000-27852-4	Pillsbury™ Frudel™ Apple		2 Grain	270
100-18000-27851-7	Pillsbury™ Frudel™ Cherry		2 Grain	270
100-18000-33686-6	Pillsbury™ Mini Cinnis		2 Grain	280
100-18000-13184-3	Pillsbury™ Caramel Mini Cinnis		2 Grain	280
100-18000-49979-0	Pillsbury™ Filled Crescent Chocolate		2 Grain	280
100-18000-49978-3	Pillsbury™ Filled Crescent Grape		2 Grain	260
100-18000-10978-1	Pillsbury™ Soft Filled Cinnamon Toast Crunch™ Bar		2 Grain	290
100-16000-17364-1	Nature Valley™ Soft Oatmeal Round Banana Chocolate Chip		2 Grain	240
100-16000-17365-8	Nature Valley™ Soft Oatmeal Round Apple Cinnamon		2 Grain	240
BULK BAKERY				
100-94562-11113-4	Pillsbury™ K-12 Whole Grain Muffin Top Blueberry Place & Bake™ Batter		1 Grain	140
100-94562-11114-1	Pillsbury™ Whole Grain Muffin Top Chocolate Chip Place & Bake™ Batter		1 Grain	135
100-94562-31665-2	Pillsbury Place & Bake Corn Muffin Batter Pucks		1.5 Grain	140
100-94562-08046-1	Pillsbury™ TubeSet™ Muffin Batter Corn Muffin		2.25 Grain	320
100-94562-10145-6	Pillsbury™ Frozen Pie Dough Sheet (10"x12")		1.25 Grain	140
100-94562-11111-0	Pillsbury™ K-12 Freezer-to-Oven Whole Grain Cinnamon Roll Dough 2.7 oz.		2 Grain	360
100-94562-05357-1	Pillsbury™ Supreme™ Place & Bake™ Freezer-to-Oven Cinnamon Roll Dough 1.5 oz		1 Grain	210
CUP CEREAL				
100-16000-22489-3	25% Less Sugar* Lucky Charms™		2 Grain	440
100-16000-14886-1	25% Less Sugar* Cinnamon Toast Crunch™		2 Grain	320
100-16000-14885-4	25% Less Sugar* Cocoa Puffs™		2 Grain	230
100-16000-19567-4	25% Less Sugar* Trix™		2 Grain	320
100-16000-17262-0	Blueberry Chex™		2 Grain	320
100-16000-14883-0	Cinnamon Chex™		2 Grain	340
100-16000-18448-7	Honey Cheerios™		2 Grain	340

UPC	PRODUCT DESCRIPTION	DISTRIBUTOR CODE	MEAL PATTERN EQUIVALENCY	SODIUM (MG)
BOWLPACK CEREAL				
100-16000-31879-0	25% Less Sugar* Apple Cinnamon Cheerios™ COMING SOON!		1 Grain	130
100-16000-11943-4	25% Less Sugar* Golden Grahams™ COMING SOON!		1 Grain	240
100-16000-22488-6	25% Less Sugar* Lucky Charms™		1 Grain	220
100-16000-29444-5	25% Less Sugar* Cinnamon Toast Crunch™		1 Grain	160
100-16000-31888-2	25% Less Sugar* Cocoa Puffs™		1 Grain	125
100-16000-31922-3	25% Less Sugar* Trix™		1 Grain	160
100-16000-18446-3	Blueberry Chex™		1 Grain	160
100-16000-32262-9	Cheerios™		1 Grain	140
100-16000-38387-3	Cinnamon Chex™		1 Grain	160
100-16000-33213-0	Corn Chex™		1 Grain	200
100-16000-11768-3	Frosted Corn Flakes™ COMING SOON!		1 Grain	180
100-16000-18447-0	Honey Cheerios™		1 Grain	170
100-16000-11942-7	Kix™		0.5 Grain	100
100-16000-32263-6	Multigrain Cheerios™		1 Grain	105
100-16000-31921-6	Rice Chex™		1 Grain	230
100-16000-12392-9	Total™ Raisin Bran		1 Grain	140
BULK CEREAL				
100-16000-23132-7	25% Less Sugar* Nature Valley™ Cinnamon Granola COMING SOON!		1 Grain	65
100-16000-11977-9	Cheerios™		1.25 Grain	190
100-16000-13326-3	Corn Chex™		1.25 Grain	280
100-16000-21113-8	Honey Cheerios™		1.5 Grain	250
100-16000-11965-6	Kix™		1.25 Grain	220
100-16000-13325-6	Rice Chex™		1.5 Grain	310
100-16000-11663-1	Total™ Raisin Bran		2.25 Grain	280
1 GRAIN CEREAL BARS				
100-16000-45576-1	Cinnamon Toast Crunch™		1 Grain	120
100-16000-45577-8	Cocoa Puffs™		1 Grain	105
100-16000-31913-1	Golden Grahams™		1 Grain	115
100-16000-31914-8	Team Cheerios™		1 Grain	90
100-16000-31915-5	Trix™		1 Grain	105
2 GRAIN CEREAL BARS				
100-16000-16854-8	Cinnamon Toast Crunch™		2 Grain	200
100-16000-16853-1	Lucky Charms™		2 Grain	170
100-16000-20688-5	Cocoa Puffs™		2 Grain	180
YOGURT				
100-70470-49295-4	Yoplait® Simply Go-GURT® Strawberry		0.5 MA	30
100-70470-19592-3	Yoplait® Simply Go-GURT® Mixed Berry		0.5 MA	30
000-70470-17725-0	Yoplait® Trix™ Raspberry Rainbow		1 MA	65
000-70470-17726-7	Yoplait® Trix™ Strawberry Banana Bash		1 MA	65
100-70470-31077-7	Yoplait® Trix™ Triple Cherry		1 MA	65
100-70470-45915-5	Yoplait® Fat Free Greek Strawberry Raspberry		1.25 MA	55
100-70470-45913-1	Yoplait® Fat Free Greek Vanilla		1.25 MA	55
100-70470-41167-2	Yoplait® ParfaitPro® Greek Yogurt Fat Free Vanilla		1.5 MA / 6 oz	60
100-70470-20824-1	Yoplait® ParfaitPro® Low Fat Reduced Sugar** Vanilla		1.5 MA / 6 oz	100
100-70470-00438-9	Yoplait® Original Plain Tub		1.5 MA / 6 oz	125

EXPLORE WAYS TO MENU STUDENT FAVORITE GENERAL MILLS FOODSERVICE PRODUCTS WHILE STAYING WITHIN WEEKLY SODIUM LIMITS!

Sample Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grain/ Meat/Meat Alternate					
	Pillsbury™ Breakfast Scrambler Egg, Cheese & Turkey Sausage <i>2 GRAIN & 1 M/MA</i>	Breakfast Sandwich with Pillsbury™ Whole Grain-Rich Baked Biscuit <i>2 GRAIN & 1.5 M/MA</i>	25% Less Sugar Cocoa Puffs™ Cereal Cup <i>2 GRAIN</i>	Trix™ Cereal Bar Cheese Stick <i>1 GRAIN 1 M/MA</i>	Cinnamon Toast Crunch™ Muffin <i>2 GRAIN</i>
Fruit	Pears Sliced Strawberries	Mixed Fruit	Mixed Berries	Orange Wedges Fruit Juice, 4 oz	Small Banana Orange Juice, 4 oz
Milk	Fat Free Milk, Plain or 1% Milk, Plain or 1% Chocolate Milk	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain	Fat Free Milk, Plain or 1% Milk, Plain
Total Sodium	535	565	340	420	375
Calories	420	455	380	425	560
Added Sugar (g)	5	2	12	8	20
Saturated Fat (g)	4.5	10	0.75	3.25	3.75

SODIUM WEEKLY AVERAGE: ~447 MG

Weekly Averages: -Calories: ~450 - % Calories from Added Sugar: ~8.5%

- Calories from Saturated Fat: ~9%

¹Weekly average sodium limit for K-5 at breakfast starting School Year 27-28.

²Sodium content has been reduced from 580mg to 430mg per serving.

³25% Less Sugar Lucky Charms™ compared to Original Lucky Charms™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving (per 1 oz.); 25% Less Sugar Cocoa Puffs™ compared to Original Cocoa Puffs™. No reduction in calories. Sugar content has been reduced from 10g to 6g per serving (per 1 oz.); 25% Less Sugar Trix™ compared to Original Trix™. No reduction in calories. Sugar content has been reduced from 8g to 6g per serving (per 1 oz.); 25% Less Sugar Nature Valley™ Cinnamon Toast Crunch™ compared to Original Cinnamon Toast Crunch™. No reduction in calories. Sugar content has been reduced from 8g to 6g per serving (per 1 oz.); 25% Less Sugar Apple Cinnamon Cheerios™ compared to original Apple Cinnamon Cheerios™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving.; 25% Less Sugar Golden Grahams™ compared to original Golden Grahams™. No reduction in calories. Sugar content has been reduced from 9g to 6g per serving.; 25% Less Sugar Nature Valley™ Cinnamon Granola Cereal compared to Nature Valley™ Protein Oats & Honey Granola. No reduction in calories. Sugar content has been reduced from 7g to 5g per 28g serving.

⁴Yoplait® ParfaitPro® Reduced Sugar Yogurt has 14g sugar per 6-oz serving; Regular contains 21g sugar per 6-oz serving



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Contact your General Mills sales representative to start stocking up on General Mills favorites today!

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